

SPA MENU

Trigger your body and mind to happiness mode with Ancient Greek therapies

Unwind your senses at “**ACROTERA ROSA SPA**”. Let our experienced staff guide you on a mesmerising journey to tranquillity.

We mould and caress your body, resulting in multi-facet therapeutic benefits for your skin, health, body and relaxation. Tension is instantly reduced, pleasure is maximised, muscle tightness is softened, blood circulation is toned, jet lag is relieved, and posture is improved. Inside a therapy, the body releases endorphins, the body’s natural painkillers, into the brain and the nervous system, resulting in a deep feeling of happiness inside the soul.

Our worldwide natural products by **Charme d’ Orient Paris** and **Tegoder Cosmetics** will accompany you on this high-quality journey with our deluxe recommended treatments. All the organic products are **certified by ECOCERT**.

“Rebirth and enjoy the unique experience of the senses that we offer you”

We welcome all our guests with a small head massage 10’ min, to show our appreciation of their visit to our new space. Feeling happy is our only goal.

DID YOU KNOW?

FREE TREAT FROM ROSA SPA FOR YOUR LOYALTY!

EARN A FREE SPA TREATMENT PASS

Earn a free Spa day pass when you spend 250€ on Rosa spa treatments during your stay. To receive your complimentary massage, face or body treatment book a scheduled appointment, upon availability. Ask our therapists for more information on how to earn your free spa day pass. Any current spa promotions do not include the packages.

The tickets valid per person.

EXPRESS TREATMENTS

ROSA RELAX MASSAGE (back neck shoulder)

A delicate relaxing massage applying gentle manual techniques to unblock energy centers. Massage head, neck and back areas to release muscle tension with the help of hot aromatic essential oils. Feel ready to go, stress free.

30 min/ 50€

FACE TREATMENTS

Brightening mask with honey & pearl powder	15min	20€
Peeling and moisturizing with luffa & red wine	20min	25€
Eye care with myrtle essences	15min	20€

BODY TREATMENTS

Scrub with sea salt, honey and royal jelly for firming	20min	25€
Moisturizing mask	25min	30€

MASSAGES

AEGEAN BLOSSOM MASSAGE (aroma essence)

Massage applying the harmony of sea movement, complemented by the therapeutic properties of essential oils. Slow rhythmic movements Mediterranean smells such as lavender, orange blossom and jasmine, warm almond oil, leave you feeling revitalised.

60min/ 110€

DEEP PRESSURE MASSAGE (muscle aching massage)

A therapeutic massage using deep pressure points on deeper muscle tissues, relieving tension on untouched connective tissue. Relax your body and nervous system, ideal for athletes, optimum blood circulation and optimum performance.

60 min/130€

GRAPE SEED MASSAGE (moisturising, aroma)

A deeply therapeutic and moisturising massage with the magic properties of grape seed oil. Hot oil activates the body's thermal receptors by diffusing their beneficial components. Detox and rejuvenate your body leaving you with a sense of deep relaxation.

45 min / 90€

SPECIAL MASSAGES

ROSA MASSAGE (relaxing)

A signature therapy of ancient Greek massage techniques promoted by a warm Greek herb oil of lavender and thyme. Body pressure points take you to a place of positive energy. A natural face lift massage with pure organic Argan oil, will leave a smile on your face.

70 min / 150€

ICE ROLLER MASSAGE

Ice into frozen roller balls is a trendy element used in this massage to treat muscular pains and lymph problems. Beyond the surface, this massage balances a deeper mental state. A summery refreshing massage technique hard to miss.

45 min / 130€

KIDS MASSAGE

Kids should know the important of personal care, the holistic massage takes place in a safe environment with organic products. The kids should be between the ages of 5 to 16 with the parent's escort. The Kids massage improve the physical and mental health of the child, stimulation of the immune system and the healthy growth of the muscles. The massage is beneficial for the child offers a sense of security and boosts his self-confidence.

50 min / 55€

MOTHER TO BE MASSAGE

Pamper yourself with a baby safe massage that starts with a relaxing back massage, to ease back ache, completed with a head neck and shoulder massage to aid your breathing. We follow tension through your hands and arms, legs and feet to aid your wellbeing.

- Available after first trimester of the pregnancy.

45 min / 110€

COUPLES MASSAGES

TWO IN LOVE MASSAGE (couples)

Share your intimacy with a serene sensual massage for two. One cave massage room or the private terrace overlooking the caldera, two therapists will perform a calming massage with essential oils. A complete journey of the senses.

45 min/ 220€

FACILITIES

JACUZZI

The Jacuzzi of the spa is situated in a mesmerizing atmosphere of a concave. The temperature of the water is approximately 23-25 degrees. The pressure of the water relaxes the muscles, joints and stimulates blood circulation.

15 min/ 20 €

USE OF STEAM BATH

A steam bath of 45-50 degrees celsius water temperature and 100% humidity, creates a warm environment, that helps to properly supply skin with blood, eliminate toxins from the body and works beneficially to people with respiratory problems.

Up to 20 min / 25€ per person

USE OF STEAM BATH WITH SAVON NOIR SCRUB (relaxing, aroma)

The use of hammam can be combined with a unique journey into the culture of the East. Deep skin cleaning with a kessa glove, combined with the black soap from olive paste and eucalyptus.

Apply the Savon noir on your skin privately at the hammam.

Privet Hammam 20 min / 40€

EXCLUSIVE SPA HAMMAM

THE RITUAL OF HAMMAM

Traditional hammam recipe that takes you through the world of Eastern senses, you will navigate paths of unparalleled care, rejuvenation and detoxification. The ritual begins with a steam bath made with black olive and eucalyptus soap and helps to detoxify and rejuvenate the skin, follows a deep cleansing with the traditional disposable Kessa glove and continues with a clay mask. It offers deep hydration and firming. The treatment is completed by moisturizing the body with an aromatic warm oil massage.

70min / 160€ per person

70min / 290€ for 2 persons

TURKISH BATH

Let our experienced staff guide you on a Turkish Bath ceremony. Inspired by one of the oldest traditional rituals in the world. Purify the body and soothe the mind with a special foam massage by the mesmerising beauty methods of the Turkish and Moroccan hammams. Treat yourself in a cloud of foam with honey, argan oil and beeswax. A unique experience which removes toxins and restores the balance of body and soul. This traditional treatment takes place in the wonderful area of the hammam on hot marble beds, for a complete journey of wellness and relaxation.

60 min / 150€

BODY TREATMENTS

ANCIENT GREEK RECIPE (moisturizing, relaxing)

A body treatment based on memories of Ancient Greek philosophy. Peeling is applied with grains of dried chickpeas and your experience continues with an organic creamy mask with honey and sesame, rich in vitamin E, $\Omega 3$ and $\Omega 6$. This euphoric journey is completed with a warm aromatic oil massage.

90 min / 180€

SUNCARE (skin treatment, post sun)

Long exposure under the sun, makes the skin crave for moisture and therapeutic calming agents. Aloe is ideal for regaining skin's lost moisture. Mask of organic shea butter is applied nutrition needed for a healthy-looking skin. We complete this treatment with a softly massage, for total hydration.

60min / 120€

FACE TREATMENTS

THE SECRET OF BEAUTY (nourishing)

The secret of beauty for the ancient Greeks was honey and olive oil, in combination with a royal jelly and pearl charms face mask. We have created the ultimate glow, anti-aging, and deep treatment hydration, rich in fatty acids, proteins and amino acids, essential for the skin nourishing. Treatment is completed with an energy massage with red wine for a perfect skin look and feel.

70 min / 140€

EXTRACT OF AEGEAN SEA FACIAL (Anti-aging)

Like a dash of fresh Aegean sea breeze this deep sea algae mask, sea collagen, caviar, seaweed, pearl powder will give you the necessary firming facial treatment you need. Complemented with a firm décolleté face n' hand massage for best absorption.

60 min/ 120€

ALOE & BEE NECTAR ELIXIR FACIAL (moisturising, post sun)

Enhanced treatment enriched with therapeutic and soothing properties offered by aloe, extracts of wild rose and candle bee. A unique combination for hydration, nourishment and regeneration with pure ingredients from the Mediterranean land. "Must have" treatment especially after prolonged exposure to the sun, with spectacular results.

45 min / 90€

MENS THERAPIES

BLACK CUMIN FOR MEN BENEFITS (moisturising, firming)

Male skin must be treated in a very special way and this treatment is designed just for that. A complete male line of products like prickly pear and black cumin is especially designed for male skin needs that will give nutrition and hydration needed, combined with our skilled therapists that will perform face massage that takes all the tension away.

60 min / 110€

ONE DAY SPA

Want to spend a day at ROSA SPA? We offer you a package to enjoy each moment spent in this serene mystique atmosphere.

ONE DAY AT THE ROSA SPA PACKAGE

offers:

1. Use of steam bath
2. Face Treatment "Extract of Aegean Sea"
3. Body Treatment "Ancient Greek recipe"

3 h / 280€

WEDDING PACKAGES

For such a special day it is important to choose an equally special place to relax and restart a whole new life with your partner on your side. Sparkly wine will accompany your relaxing time in the indoor heated Jacuzzi. Our mystical space will add to the romance of sharing a unique relaxing experience with your partner, or simply hideaway to boost your beauty habits and surprise your loved one on your wedding day.

PRE-WEDDING

- Body scrub with sea salt, honey and royal jelly for firming and nourishing
- Face Treatment "The secret of beauty"
- Body Massage "Grape seed"

2h & 30min / 220€ (per person)

NEXT DAY RELAXING

- Steam Bath
- Two in love

1h / 210€ (for a couple)

BEAUTY CARE

MANICURE – PEDICURE TREATS

Spa Manicure	60€
Manicure	40€
French Manicure	50€
Shellac manicure	60€
Nail Polish	10€

Spa pedicure	75€
Pedicure	55€
French Pedicure	60€
Nail Polish	10€

HAIR STYLE & MAKE UP

The perfect complete face treatment always ends with perfect make up & hair styling!
Our specialized partner will help you create the most beautiful makeup and hair style for any occasion that will show off your natural beauty.

* These services is available upon request. For arrangements, please call the spa reception.

YOUR SPA GUIDE

Hours of operation

10.00 a.m. until 8.00 p.m.

Last appointment at 7:00 pm.

Getting ready for your treatment

Ladies who have salt peeling appointments should avoid shaving before their treatments. If you have sunburn, avoid treatments that include a peeling application. Men are advised to shave before enjoying a facial to ensure maximum skin nourishment and efficacy of the treatment.

Arrival procedure

We recommend arrival 15 minutes before your scheduled appointment. Have your swimming suit with you if you have chosen to enjoy at the jacuzzi or hammam.

Late arrivals

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

RW Cancellation

Cancellations or reschedule must be made 8 hours before your appointment for no charge.

Less than 8 hours the charge will be 50% of the booked treatment.

Non show will be charged the full amount of the booked treatment.

Changing rooms

While you're spending time at our spa, we offer you changing rooms with private shower, secure locker cabinets for your belongings, bath robes, slippers, bath towels and personal care products free of charge.

Any current spa promotions do not include the packages.

Smoking is prohibited in all areas of the spa.

For reservations or information

You can dial directly at spa reception at

* Our prices include Vat. 24%

Menu Treatments by "THELMA COSMETICS & SPA SERVICES"

